

Preventing Suicide

CDC's Injury Center Uses Data and Research to Save Lives

In 2022

Suicide was responsible for more than

49,000 lives lost

That's 134 suicides per day

13.2M

adults **seriously thought** about suicide

3.8M

made a **plan**

1.6M

made an **attempt**

#3

Suicide is the **3rd leading cause of death** among youth 10–24 years old

In 2020

Suicides and suicide attempts cost the United States more than

\$500 billion



Suicide can have lasting harmful effects on **individuals, families, schools, workplaces, and communities**

CDC's Vision

No lives lost to suicide. CDC uses data, research, and partnerships to identify and implement effective suicide prevention strategies to foster healthy and resilient communities across the U.S.

Suicide Risk

Risk for suicide and suicide attempts disproportionately affects some groups, including:

- **Veterans**
- **Sexual minorities**
- **People who live in rural areas**
- **Middle-aged adults (35–64 years)**
- **Tribal populations**
- **Youth (10–24 years)**



CDC Supports Communities By



Funding the Comprehensive Suicide Prevention Program

to reduce suicide by 10% among disproportionately affected populations by 2025



Using near real-time data to track and monitor suicide trends

that inform public health suicide prevention efforts



Funding tribes to increase their capacity

to tailor, implement, and evaluate programs to prevent suicide among American Indian and Alaska Native people



Sharing the best available evidence for suicide prevention in CDC's **Suicide Prevention Resource for Action**



Working with CDC Foundation to build the capacity of veteran-serving organizations

to evaluate their upstream suicide prevention activities



Developing and sharing community resources to prevent suicide during public health emergencies