

# **STEADI: EMPOWERING HEALTHCARE PROVIDERS TO REDUCE FALL RISK**

## **WB4895**

**PROGRAM DESCRIPTION:** The purpose of the course is to educate healthcare providers about falls among older adults and about steps providers can take to prevent falls in their practices. The ultimate goal is to reduce falls among older adults, defined as anyone aged 65 and over, and to promote their health and independence.

### **OBJECTIVES:**

At the conclusion of the session, the participant should be able to:

1. Identify the burden of falls as a critical public health issue among older adults
2. Identify components of CDC's STEADI initiative
3. Demonstrate use of falls screening tools
4. Identify patients' modifiable risk factors such as medication use
5. Recognize strategies to reduce fall risk
6. Identify STEADI tools and resources for patients and providers
7. Demonstrate understanding of ways to implement fall prevention using an interprofessional team-based approach

### **FACULTY/ CREDENTIALS:**

- Shelly Gray, PharmD, MS; Professor, University of Washington School of Pharmacy; Director, Plein Center for Geriatric Pharmacy Research, Education and Outreach
- Yara Haddad, PharmD, MPH, BCGP; Consultant Pharmacist, Totally Joined for Achieving Collaborative Techniques, Centers for Disease Control and Prevention
- Ted Johnson, MD, MPH; Professor, Emory University School of Medicine; Chief, Emory General Medicine and Geriatrics
- Jaswinder Legha, MD, MPH; Medical Officer, National Center for Injury Prevention and Control, Centers for Disease Control and Prevention
- Janice Mark, DNP, FNP-BC, RN; Public Health Fellow, Centers for Disease Control and

Prevention

• Bridget Talbut, RN, Director, Clinical Services,  
United Health Services (UHS)

**CE ORIGATION DATE:** March 17, 2025

**CE EXPIRATION DATE:** March 17, 2027

**URL:** <https://www.cdc.gov/steady/provider-training/index.html>

**HARDWARE/SOFTWARE:** Computer Hardware; Internet Connection;  
Browser

**MATERIALS:** None

**TARGET AUDIENCE:** Physicians, Nurses, Pharmacists, Physical  
Therapists, Health Professionals

**PREREQUISITES:** None

**FORMAT:** This activity is **Web-based**.

**CONTACT INFORMATION:** National Center for Injury Prevention and  
Control

**ACCREDITATION STATEMENTS:**



In support of improving patient care, this activity has been planned and implemented by Centers for Disease Control and Prevention and **Fors Marsh**. The Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

**CME:** The Centers for Disease Control and Prevention designates this **enduring** activity for a maximum of **(1.25)** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CNE:** The Centers for Disease Control and Prevention designates this activity for **1.25** nursing contact hours.

**CPE:** The Centers for Disease Control and Prevention designated this **Knowledge-based** event for pharmacists to receive **.125** CEUs in pharmacy education. The Universal Activity Number is **JA4008229-9999-25-024-H05-P**.

After credit is claimed, an unofficial statement of credit is immediately available on CDC TRAIN. Official credit will be uploaded within 60 days on the NABP/CPE Monitor.

**CEU:** The Centers for Disease Control and Prevention is authorized by IACET to offer **1.0** CEU's for this program.

**CECH:** Sponsored by the Centers for Disease Control and Prevention, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to **1.5** total Category I continuing education contact hours. Maximum advanced level continuing education contact hours available are **1.5**. Continuing Competency credits available are **1.5** CDC provider number **98614**.

### **For Certified Public Health Professionals (CPH)**

The Centers for Disease Control and Prevention is a preapproved provider of Certified in Public Health (CPH) recertification credits and is authorized to offer **2.0** CPH recertification credits for this program.

**DISCLOSURE:** In compliance with continuing education requirements, all planners and presenters must disclose all financial relationships, in any amount, with ineligible companies during the previous 24 months as well as any use of unlabeled product(s) or products under investigational use.

CDC, our planners, and content experts wish to disclose they have no financial relationship(s) with ineligible companies whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients.

Content will not include any discussion of the unlabeled use of a product or a product

under investigational use.

CDC did not accept financial or in-kind support from ineligible companies for this continuing education activity.

## **Instructions for Obtaining Continuing Education (CE)**

To receive continuing education (CE) for **WB4895 – STEADI: Empowering Healthcare Providers to Reduce Fall Risk**, please visit [CDC TRAIN](#) and search for the course in the Course Catalog using **WB4895**. Follow the steps below by **3/17/2027**.

1. Register for and complete the course.
2. Pass the post-assessment at **80%**.
3. Complete the evaluation.
4. Visit Your Learning to access your certificates and transcript.

**FEES:** No fees are charged for CDC's CE activities.