## Oral health is essential to general health and well-being across the lifespan.



During pregnancy, women may be more prone to gum disease and cavities.



A mother's oral health status is a strong predictor of her child's oral health status.



If mothers have high levels of untreated cavities or tooth loss, their children are 3X more likely to have cavities.

## Dental care is safe and important during pregnancy



Seek routine and emergency dental care at any stage of pregnancy

www.cdc.gov/oralhealth