Learn the Signs. Act Early.

Learn the signs of your child's development and act early if you ever have a concern.

To complete a milestone checklist, **download** CDC's FREE *Milestone Tracker* app or visit **cdc.gov/Milestones**, and talk to your child's doctor at every well-child visit about the milestones your child has reached and what to expect next.

You know your child best

If your child is not meeting milestones or you are concerned about the way your child plays, learns, speaks, acts, or moves, talk with your child's doctor, share your concerns, and ask about developmental screening. Don't wait.

If you or the doctor is still concerned

- **1.** Ask for a referral to a specialist and,
- **2.** Call for a free evaluation to find out if your child can get services to help:
 - If your child is under age 3:
 Call your state or territory's early intervention program. Learn more and find the phone number at cdc.gov/FindEl.
 - If your child is age 3 or older:
 Call any local public elementary school.

For more on how to help your child, visit **cdc.gov/Concerned**.

Don't Wait.Acting early can make a real difference!

For more information about your child's development and what to do if you have a concern, visit:

www.cdc.gov/ActEarly

OR CALL:

1-800-CDC-INFO (1-800-232-4636)

to get help finding resources in your area.

These developmental milestones show what most children (75% or more) can do by each age.



Milestone Moments



Milestones Matter!

Look inside for milestones to watch for in your child and tips for how you can help your child learn and grow.













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Your Child's Early Development is a Journey

These are just a few of many important milestones to look for. For complete checklists for your child's age visit www.cdc.gov/Milestones or download CDC's free *Milestone Tracker* app.

2 MONTHS **6 MONTHS** Looks at your face Smiles when you talk Knows familiar people · Reaches to grab **Start** to or smile at her a toy he wants · Reacts to loud Takes turns making Here Holds head up when Rolls from tummy Plays games sounds sounds with you on tummy to back with you, like pat-a-cake MONTHS Calls a parent "mama" or "dada" **18 MONTHS** Puts something in 2 YEARS a container, like a block in a cup Points to show you Pulls up to something interesting Copies you doing Looks at your face to stand chores, like sweeping · Tries to say three or see how to react in a • Tries to use switches, with a broom more words besides new situation knobs, or buttons on "mama" or "dada" Tries to use a spoon Says at least two words Says about a toy together, like "More milk." 50 words · Kicks a ball Uses things to pretend, like feeding a block to a doll as if it were food

- Shows you what she can do by saying, "Look at me!"
 - Jumps off the ground with both feet

- **3YEARS**
- Talks with you in conversation
- Draws a circle, when you show him how
- Notices other children and joins them to play
- Uses a fork

- 4 I LAK.
- Answers simple questions like "What is a coat for?
- Names a few colors of items



- Unbuttons some buttons
- Likes to be a "helper"
- Follows rules or takes turns when playing games with other children
- Uses or recognizes simple rhymes
- Writes some letters in her name
- Hops on one foot

