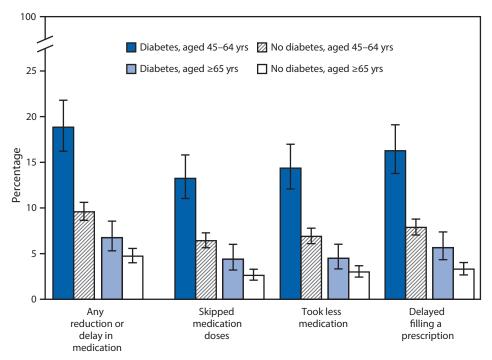
## FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

## Percentage\* of Adults Aged ≥45 Years Who Reduced or Delayed Medication to Save Money<sup>†</sup> in the Past 12 Months Among Those Who Were Prescribed Medication, by Diagnosed Diabetes Status and Age<sup>§</sup> — National Health Interview Survey, 2015



Cost-saving measure

In 2015, among adults aged 45-64 years who were prescribed any medication, those with diabetes were more likely than those without diabetes to have reduced or delayed medication (18.8% compared with 9.6%) to save money in the past 12 months, with measures that included skipping medication doses (13.2% compared with 6.4%), taking less medication (14.4% compared with 6.9%), and delaying filling a prescription (16.3% compared with 7.9%). Among adults  $\ge 65$ , those with diabetes were more likely than those without diabetes to reduce or delay medication (6.8% compared with 4.7%) and to have used each of the specific cost-saving measures. Regardless of diabetes status, among adults who were prescribed medication, those aged 45-64 years were more likely than those aged 265 years to reduce or delay taking medication to save money.

Source: National Health Interview Survey, 2015 data. https://www.cdc.gov/nchs/nhis.htm.

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<sup>\*</sup> With 95% confidence intervals indicated by error bars.

<sup>&</sup>lt;sup>†</sup> Based on responses to the following questions: "During the past 12 months, were any of the following true for you: You skipped medication doses to save money? You took less medicine to save money? You delayed filling a prescription to save money?" These questions were asked of respondents who first answered "yes" to the question "During the past 12 months, were you prescribed medication by a doctor or other health professional?" Any reduction or delay in medication to save money was determined based on a response of "yes" to any of the three questions. Medication refers to any medication prescribed, not just medication for diabetes.

<sup>§</sup> Diabetes status was determined by an affirmative response to the survey question "Have you ever been told by a doctor or health professional that you have diabetes or sugar diabetes?" Women were asked not to include diabetes occurring during pregnancy.