Vital Signs: Motor Vehicle Injury Prevention — United States and 19 Comparison Countries

Erin K. Sauber-Schatz, PhD^{1,2}; David J. Ederer, MPH¹; Ann M. Dellinger, PhD¹; Grant T. Baldwin, PhD¹

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Abstract

Background: Each year >32,000 deaths and 2 million nonfatal injuries occur on U.S. roads.

Methods: CDC analyzed 2000 and 2013 data compiled by the World Health Organization and the Organisation for Economic Co-operation and Development (OECD) to determine the number and rate of motor vehicle crash deaths in the United States and 19 other high-income OECD countries and analyzed estimated seat belt use and the percentage of deaths that involved alcohol-impaired driving or speeding, by country.

Results: In 2013, the United States motor vehicle crash death rate of 10.3 per 100,000 population had decreased 31% from the rate in 2000; among the 19 comparison countries, the rate had declined an average of 56% during this time. Among all 20 countries, the United States had the highest rate of crash deaths per 100,000 population (10.3); the highest rate of crash deaths per 100,000 registered vehicles (1.24), and the fifth highest rate of motor vehicle crash deaths per 100 million vehicle miles traveled (1.10). Among countries for which information on national seat belt use was available, the United States ranked 18th out of 20 for front seat use, and 13th out of 18 for rear seat use. Among 19 countries, the United States reported the second highest percentage of motor vehicle crash deaths involving alcohol-impaired driving (31%), and among 15, had the eighth highest percentage of crash deaths that involved speeding (29%).

Conclusions and Comments: Motor vehicle injuries are predictable and preventable. Lower death rates in other high-income countries, as well as a high prevalence of risk factors in the United States, suggest that the United States can make more progress in reducing crash deaths. With a projected increase in U.S. crash deaths in 2015, the time is right to reassess U.S. progress and set new goals. By implementing effective strategies, including those that increase seat belt use and reduce alcohol-impaired driving and speeding, the United States can prevent thousands of motor vehicle crash-related injuries and deaths and hundreds of millions of dollars in direct medical costs every year.

Introduction

In the United States, reducing motor vehicle crash deaths has been reported as one of the great public health achievements of the 20th century (1). Despite this success, motor vehicle crashes remain a leading cause of death for Americans aged 1–54 years (2). Each year >32,000 deaths and 2 million nonfatal injuries occur on U.S. roads (2). The purposes of this study were to describe motor vehicle death data for the United States and 19 other high-income countries and to report seat belt use by seating location and the percentage of deaths that involved alcohol-impaired driving or speeding.

Methods

The number of country-specific motor vehicle crash deaths was provided by the World Health Organization's (WHO) most recent Global Status Report on Road Safety (3). Data representing 97.3% of the world's population were collected and validated by trained National Data Coordinators. To be included in the study, a country was required to have membership in the Organisation of Economic Co-operation and Development (OECD; http://www.oecd.org), meet the World Bank's definition for high income (gross national income per capita ≥\$12,736), have a population >1 million persons, and report the annual number of motor vehicle deaths and vehicle miles traveled. In addition, the difference between the country-reported motor vehicle crash death rate and the WHO-estimated rate could not exceed 1 death per 100,000 population. The United States and 19 of the 34 OECD member countries met these inclusion criteria, including 14 countries in Europe, two in Asia, two in the Americas, and two in Oceania.*

^{*} Asia: Israel and Japan. Europe: Austria, Belgium, Denmark, Finland, France, Germany, Ireland, the Netherlands, Norway, Slovenia, Spain, Sweden, Switzerland, and the United Kingdom. The Americas: Canada and the United States Oceania: Australia and New Zealand.

Data from 2000 and 2013 were used for analyses. Motor vehicle crash death rates were calculated per 100,000 population, per 100 million vehicle miles traveled, and per 10,000 registered vehicles. The percentages of crash deaths that involved alcohol-impaired driving and speeding were calculated. National data on seat belt use by seating location (front and rear) and country, were compared, when available.

Data on the number of deaths related to alcohol-impaired driving, reported seat belt use, and the number of registered vehicles were obtained from the Global Status Report on Road Safety (3). The U.S. estimates for seat belt use, based on observation of occupants in noncommercial vehicles at controlled intersections, and the number of deaths in 2013 were obtained from the National Highway Traffic Safety Administration (4,5), and data for Canada were obtained from Transport Canada's National Collision Database (6). Data on the number of vehicle miles traveled and deaths related to speeding were obtained from the International Road Traffic and Accident Database,[†] which is maintained by the International Transport Forum, an intergovernmental organization within the OECD (7). Original data presented in kilometers were converted to miles.

Results

All 20 countries reported the number of deaths and front seat belt use; 19 countries reported the percentage of deaths related to alcohol-impaired driving; 18 countries reported rear seat belt use; and 15 countries reported the percentage of deaths related to speeding. From 2000 to 2013, the U.S. motor vehicle death rate decreased 31%, from 14.9 to 10.3 deaths per 100,000 population (Figure). The average death rate among all 19 comparison countries declined 56% between 2000 and 2013, from 10.0 deaths per 100,000 to 4.4 deaths per 100,000. Each of the 19 comparison countries had a higher percentage reduction in their motor vehicle crash death rate than did the United States, ranging from 38.3% (Finland) to 75.1% (Spain) (Figure).

During 2013, motor vehicle crash death rates from the 19 comparison countries ranged from 2.7 per 100,000 (Sweden) to 6.5 (Belgium) (Table 1) with mean and median rates of 4.4 and 4.1, respectively. The rate of motor vehicle crash deaths in the United States during 2013 (10.3 per 100,000 [32,894 deaths]) was approximately twice the average rate of the comparison countries. In the United States, these deaths represented 1.10 motor vehicle crash deaths per 100 million vehicle miles traveled; in the comparison countries, this rate ranged from 0.54 (Sweden) to 1.22 (Japan and Spain), with a mean of 0.85 and median of 0.80 (Table 1). Among all 20

countries, the rate in the United States (1.10) was the fifth highest, after Belgium (1.14), Slovenia (1.16), Japan (1.22) and Spain (1.22). The United States also had the highest rate of deaths per 10,000 registered vehicles (1.24); the rate in the comparison countries ranged from 0.44 (Finland) to 1.04 (Belgium), with a mean of 0.68 and median of 0.66 (Table 1). The United States had the second highest rate of registered vehicles per 1,000 population in 2013 (828). In the comparison countries, this rate per 1,000 population ranged from 369 (Israel) to 1,080 (Finland), with a mean and median of 670 (data not shown).

Alcohol-impaired driving was involved in 31% of U.S. motor vehicle crash deaths. Percentages of crash deaths that involved alcohol-impaired driving across 18 countries reporting these data ranged from 3.2% (Israel) to 33.6% (Canada) (mean = 19.1%; median = 18.0%) (Table 2). Speeding was involved in 29% of U.S. motor vehicle crash deaths. In 15 comparison countries reporting these data, the mean (28.8%) and median (29.0%) percentages were similar to the U.S., but ranged from 15% (United Kingdom and Ireland) to 42% (Finland). The United States tied with New Zealand for the second highest percentage of motor vehicle crash deaths related to alcohol impairment, and had the eighth highest percentage of speeding involved deaths (Table 2).

During 2013, 87% front seat belt use and 78% rear seat belt use were reported nationally in the United States (Table 2). Among comparison countries, front seat belt use ranged from 86% (Austria) to 99% (France) with a mean of 94.1% and a median of 95.0%. The United States ranked 18th out of 20 countries for front seat belt use. Among comparison countries, rear seat belt use ranged from 65% (Austria) to 97% (Germany) with a mean of 82.1% and a median of 84%. The United States ranked 13th in rear seat belt use among 18 countries reporting.

Conclusions and Comments

Although substantial progress has been made in reducing the number of motor vehicle crash deaths in the United States, motor vehicle crashes remain a serious public health problem resulting in >32,000 deaths and 2 million nonfatal injuries each year. Compared with 19 other high-income countries, the United States had the most motor vehicle crash deaths per 100,000 population and per 10,000 registered vehicles; the second highest percentage of deaths related to alcohol impairment; the third lowest national front seat belt use; and the lowest percentage decline in the rate of motor vehicle crash deaths between 2000 and 2013. If the United States had the same motor vehicle crash death rate as Belgium (the country with the second highest death rate), 12,000 fewer lives would have been lost in 2013 and an estimated \$140 million in direct

[†] International Road Traffic and Accident Database. http://www.itf-oecd.org/ IRTAD.

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FIGURE. Motor vehicle crash deaths per 100,000 population — 20 high-income countries, 2000 and 2013

TABLE 1. Motor vehicle crash deaths per 100,000 population, per 100 million vehicle miles traveled, and per 10,000 registered vehicles, and percentage decreases from 2000 to 2013 — selected high-income countries, 2013*

Country [†]	Reported no. motor vehicle crash deaths	Motor vehicle crash deaths per 100,000 population	Decrease in motor vehicle crash deaths per 100,000 population 2000–2013 (%)	Vehicle miles traveled (billions)	Motor vehicle crash deaths per 100 million vehicle miles traveled	Decrease in motor vehicle crash deaths per 100 million vehicle miles traveled 2000–2013 (%)	Total no. registered vehicles	Motor vehicle crash deaths per 10,000 registered vehicles
United States	32,894	10.3	31.0	2,988.3	1.10	28.0	265,043,362	1.24
Belgium	724	6.5	54.7	63.6	1.14	56.6	6,993,767	1.04
Slovenia	125	6.0	61.8	10.7	1.16	72.9	1,395,704	0.90
New Zealand	253	5.6	53.2	25.1	1.01	54.0	3,250,066	0.78
Canada	1,908	5.4	42.9	211.7	0.90	39.8	22,366,270	0.85
Austria	455	5.4	56.1	48.5	0.94	61.2	6,384,971	0.71
France	3,268	5.1	62.9	352.8	0.93	63.6	42,792,103	0.76
Australia	1,192	5.1	46.2	148.9	0.80	45.3	17,180,596	0.69
Finland	258	4.8	38.3	33.7	0.77	44.0	5,862,216	0.44
Japan	5,679	4.5	45.5	463.7	1.22	43.2	91,377,312	0.62
Ireland	188	4.1	63.1	29.8	0.63	66.0	2,482,557	0.76
Germany	3,339	4.0	55.6	450.9	0.74	59.3	52,391,000	0.64
Norway	187	3.7	51.2	27.3	0.69	59.4	3,671,885	0.51
Spain	1,680	3.6	75.1	137.7 [§]	1.22 [§]	68.4 [§]	32,616,105	0.52
Israel	277	3.6	49.5	31.8	0.87	56.4	2,850,513	0.97
Netherlands	570	3.4	53.4	79.1	0.72	55.2	9,612,273	0.59
Denmark	191	3.4	63.5	30.7	0.62	63.9	2,911,147	0.66
Switzerland	269	3.3	59.9	38.9	0.69	59.5	5,693,642	0.47
United Kingdom	1,770	2.8	54.0	316.0	0.56	53.0	35,582,650	0.50
Sweden	260	2.7	59.5	48.0	0.54	60.8	5,755,952	0.45
Overall mean	2,774.4	4.7	53.9	276.9	0.86	55.5	30,810,704	0.70
Comparison count	ry statistics (n = 19	9; United States e	xcluded)					
Mean	1,189.1	4.4	55.1	134.2	0.85	57.0	18,482,670	0.68
Median	455.0	4.1	54.7	48.5	0.80	59.3	6,384,971	0.66
Range	125–5,679	2.7–6.5	38.3–75.1	10.7–463.7	0.54–1.22	39.8–72.9	1,395,704– 91,377,312	0.44–1.04

* The number of deaths in 2013, total population, and the number of registered vehicles are from the Global Status Report on Road Safety 2015. United States and Canada estimates for the number of deaths in 2013 were obtained from the National Highway Traffic Safety Administration and from Transport Canada's National Collision Database, respectively. The number of deaths in 2000, and vehicle miles travelled are from the Organisation for Economic Co-operation and Development/ International Transport Forum (OECD/ITF) Road Safety Annual Report 2015. Data were the most recently available data at the time the Global Status Report 2015 and the OECD/ITF Road Safety Annual Report 2015 were published.

[†] Countries are listed in descending order by the number of deaths per 100,000 population.

[§] Vehicle miles traveled for Spain is for nonurban areas only.

	Death specified (9	is with risk factors %)	National seat belt use (%)							
Country [†]	Alcohol- impaired driving	Speeding	Front seat	Rear seat						
United States	31.0	29.0	87.0	78.0						
Belgium	25.0		86.4							
Slovenia	30.0	39.0	94.5	66.2						
New Zealand	31.0	33.0	96.0	90.0						
Canada	33.6	20.0	95.5	89.2						
Austria	6.8	28.0	86.0	65.0						
France	29.0	25.0	99.0	87.0						
Australia	30.0	33.0	97.0	96.0						
Finland	22.0	42.0	89.0	86.0						
Japan	6.2	_	97.9 [§]	68.2 [§]						
Ireland	15.6	15.0	94.0	89.0						
Germany	9.4	35.0	98.0	97.0						
Norway	17.0	_	94.0	_						
Spain	14.0	22.0	90.5	80.6						
Israel	3.2	_	95.0	74.0						
Netherlands	18.9	30.0	96.6	82.0						
Denmark	—	40.0	94.0 [¶]	81.0						
Switzerland	16.4	26.0	91.0	72.0						
United Kingdom**	16.0	15.0	95.0	88.0						
Sweden	19.0	_	98.0	84.0						
Overall mean	19.7	28.8	93.7	81.8						
Comparison country statistics (n = 19; United States excluded)										
Mean	19.1	28.8	94.1	82.1						
Median	18.0	29.0	95.0	84.0						
Range	3.2–33.6	15.0–42.0	86.0–99.0	65.0–97.0						

TABLE 2. Percentages of motor vehicle crash deaths, by alcohol impairment and speeding, and national seat belt use for front and rear seat occupants — 20 selected high-income countries, 2013*

* Alcohol-impaired driving data are from the Global Status Report on Road Safety 2015. National seat belt estimates are also from the Global Status Report on Road Safety 2015, except for US data. United States estimates for seat belt use were reported from the National Highway Traffic Safety Administration 2013 data. Speeding estimates were reported in the Organisation for Economic Co-operation and Development/International Transport Forum (OECD/ITF) Road Safety Annual Report 2015. Data were the most recently available data at the time the Global Status Report 2015 and the OECD/ITF Road Safety Annual Report 2015 were published.

⁺ Countries are listed in descending order by the number of deaths per 100,000 population.

[§] Seatbelt use for Japan was reported for expressways only.

¹ Estimated seat belt use for Denmark was available for drivers of personal vehicles only; other front seat passengers are not included.

** The United Kingdom estimate was for Great Britain only. Great Britain makes up 97% of the population of the United Kingdom.

medical costs would have been averted.[§] Similarly, if the United States' motor vehicle crash death rate was equivalent to the average in the 19 comparison countries, at least 18,000 fewer lives would have been lost and an estimated \$210 million in direct medical costs would have been averted.[§] And, if the United States' motor vehicle crash death rate was equivalent to that in Sweden (the best performing country), at least 24,000 fewer lives would have been lost and an estimated \$281 million in direct medical costs would have been averted.[§] in the United States in 2013.

When accounting for factors that differ across countries, including population size, vehicle miles traveled, and number of registered vehicles, the United States consistently ranked poorly among OECD comparison countries. This low ranking is consistent with other cross-national motor vehicle injury research findings (8-10). Although it is difficult to identify and quantify the reasons for differences between the United States and the comparison countries, differences in policies and their enforcement, use of advanced engineering and technology, and differences in public acceptance and use of effective strategies have all contributed to reducing death rates in the best performing countries. The United States is highly dependent on transportation by personal vehicle. In 2014, there were 1.2 vehicles per licensed driver and 2.1 vehicles per household in the United States, and the US share of world car registrations was 15.1% (11). Given this reliance on personal vehicles, and need to address safety issues without delay, bringing policies in line with best practices (e.g., related to child passenger safety, seat belt use, and alcohol-impaired driving), enforcement, infrastructure, vehicles, and technologies such as ignition interlocks and automated enforcement (cameras) could help narrow the gap between the United States and higher performing countries (3, 12).

The complexity of improving road safety requires a broad view and more universal implementation and enforcement of existing effective strategies in the United States (12-14), as well as system-level changes in vehicle safety and transportation infrastructure (13). To maximize lives saved and injuries prevented in the United States, increasing restraint use and reducing alcohol-impaired driving could have the most, as well as an immediate, impact. Each year approximately half the passenger vehicle occupants who die in crashes in the United States are unrestrained (N = 9,777 in 2013)(15). Implementing primary enforcement seat belt laws that cover occupants in all seating positions, and requiring the use of car seats and booster seats for motor vehicle passengers through at least age 8 years could increase restraint use and prevent injuries and deaths in the United States. During 2013, seat belts saved approximately 12,500 lives in the United States (15). If restraint use was at 100% in the United States, an additional 3,000 lives would be saved in a single year (15-17).

Each year in the United States, approximately 10,000 persons die in alcohol-impaired–driving crashes (18). Several proven prevention strategies could accelerate progress in the United States (19,20), including publicized sobriety checkpoints (21), ignition interlocks (a breath-test device connected to a vehicle's ignition that prevents the vehicle from starting unless a blood alcohol concentration below a preset low limit is detected) for all convicted offenders (22), having lower blood

[§]https://wisqars.cdc.gov:8443/costT/.

alcohol concentration limits, and maintaining and enforcing the minimum legal U.S. drinking age of 21 years (*23*).

In addition to effective interventions, there is an approach to road safety that began in Sweden and is gaining traction in the United States called Vision Zero (24). This is an aspirational vision that, in the long-term, seeks to eliminate death and serious injury on the road. Vision Zero starts with the premise that traffic injuries are not "accidents", no loss of life on the road is acceptable, all humans make mistakes, and traffic injuries are preventable. In the Vision Zero program, responsibility for crashes and injuries are shared between the users of the road, who are expected to follow basic rules, and the so-called "system providers," which include developers of road infrastructure, the automobile industry, and the police, who are responsible for the functioning of the system. Eighteen U.S. cities have adopted this approach and many more are considering implementing it. Additionally, several U.S. states and the Federal Highway Administration have embraced "Towards Zero Deaths," which is based on the Vision Zero philosophy.

The findings in this report are subject to at least three limitations. First, definitions and reporting of motor vehicle deaths vary by country. To limit these differences, countries with motor vehicle death rates that differed substantially from WHO's estimated rates were excluded from the analysis. Second, legal definitions and reporting of alcohol-impaired driving, speeding, and seat belt use also vary among countries. For example, in the United States, the United Kingdom, and Canada, drivers are considered to be alcohol impaired when their blood alcohol concentration is ≥ 0.08 grams per deciliter (g/dL); whereas, in the other comparison countries, drivers have lower blood alcohol concentrations limits (0.02–0.05 g/dL). Also, in Canada, all provinces except Quebec have administrative laws penalizing drivers (e.g., 3-day license suspension, fine, or 3-day vehicle impoundment) with blood alcohol concentrations of 0.05–0.08 g/dL (0.04–0.08 in Saskatchewan) (25). Finally, the United States is larger and more populous than the comparison countries and has a lower population density (rural roads have higher death rates) than most. Travel behaviors, transportation modes, and infrastructure also vary widely among countries. These differences might account for some of the differences in motor vehicle death rates; however, by reporting rates per 100,000 population, per 100 million miles traveled, and per 10,000 registered vehicles, it was possible to partially adjust for these differences.

Motor vehicle injuries are predictable and preventable, and yet, in 2013, 90 persons died every day on U.S. roads. Lower rates in other high-income countries, as well as a high prevalence of risk factors in the United States, suggest that the United States can

- In 2013, the United States motor vehicle crash death rate of 10.3 per 100,000 population had decreased 31% from the rate in 2000; the average rate among 19 high income comparison countries had declined 56% during this time, nearly twice as much. The United States had the lowest percentage decline among the comparison countries from 2000 to 2013.
- Motor vehicle crash deaths are responsible for >32,000 deaths and 2 million nonfatal injuries per year.
- Compared with 19 other high-income countries, the United States had the most motor vehicle crash deaths per 100,000 population and per 10,000 registered vehicles; second highest percentage of deaths involving alcohol-impaired driving; and third lowest national front seat belt use.
- Despite proven measures in motor vehicle injury prevention, in 2013, 90 persons died every day on U.S. roads. Lower rates in other high-income countries suggest that the United States can make more progress in reducing motor vehicle crash deaths.
 - If the United States' motor vehicle crash death rate was equivalent to the rate in Belgium (the country with the second highest death rate), 12,000 fewer lives would have been lost and \$140 million in direct medical costs would have been averted in 2013.
 - If the United States' motor vehicle crash death rate was equivalent to the average of the 19 comparison countries, at least 18,000 fewer lives would have been lost and \$210 million in direct medical costs would have been averted in 2013.
 - If the United States' motor vehicle crash death rate was equivalent to the rate in Sweden (the best performing country), at least 24,000 fewer lives would have been lost and \$281 million in direct medical costs would have been averted in 2013.
- Additional information is available at http://www.cdc. gov/vitalsigns.

make more progress toward reducing motor vehicle crash deaths. With a projected increase in U.S. crash deaths in 2015 (*26*), the time is right to reassess progress and set new goals. By implementing proven effective strategies, the United States can save thousands of persons and hundreds of millions of dollars in direct medical costs from motor vehicle crash injuries and deaths every year.

Key Points

[¶]http://www.towardzerodeaths.org.

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David Sleet, PhD, FAAHB, National Center for Injury Prevention and Control, CDC.

¹Division of Unintentional Injury Prevention, National Center for Injury Prevention and Control, CDC; ²United States Public Health Service.

Corresponding author: Erin K. Sauber-Schatz, esauberschatz@cdc.gov, 770-488-0566.

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