Making Health Literacy Real:

The Beginnings of My Organization's Plan for Action





Centers for Disease Control and Prevention Office of the Associate Director for Communication

About this Template

This easy-to-use template helps you and your organization get started in developing your own plan to change organizational and professional practices to improve health literacy. Developing a plan for action does not have to be an overwhelming process. This template can help you think through the steps needed from getting buy-in and conducting an assessment to developing goals and monitoring progress.

Two decades of research indicate that much health information is presented in ways that are not understandable by most Americans. It is imperative that public health and health care organizations take steps to ensure health information, products, and services are accessible and understandable. Improving health literacy requires changes in organizational and professional practices.

In May of 2010, the Department of Health and Human Services released the National Action Plan to Improve Health Literacy. This plan seeks to engage organizations, professionals, policymakers, communities, individuals, and families in a linked, multi-sector effort to improve health literacy. The plan is based on the principles that (1) everyone has the right to health information that helps them make informed decisions and (2) health services should be delivered in ways that are understandable and beneficial to health, longevity, and quality of life. The plan includes seven broad goals with multiple high-level strategies for various stakeholders and provides a focal point for the field. By focusing on health literacy issues and working together, we can improve the accessibility, quality, and safety of health care; reduce costs; and improve the health and quality of life of millions of people in the United States.

Please let us know about your experience using this template to develop your organization's plan by emailing <u>healthliteracy@cdc.gov</u>.

Identifying My Advocates				
Advocates Inte	Advocates Internal to My Organization			
Champion(s):				
Allies:				
Workgroup Members:				

Identifying I	Identifying My Advocates Advocates External to My Organization		
Advocates Externa			
Champion(s):			
Allies:			
Workgroup Members:			

Getting Buy-In
Audience:
What may work:

Commitment to Planning

Who's in:

Who's Leading the Planning Effort:

Expected Process:

Resources Needed:

Honest Assessment

Who's in:

Who's Missing:

Expected Process:

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Honest Assessment

Factor	Opportunities for Health Literacy Improvement
Health Information (e.g., forms and factsheets)	
Communications with Clients, Partners, and Community	
Relationship with Media	
Physical Environment	
Program Development, Implementation, and Evaluation	
Internal Communication and Policies	

Honest Assessment (continued)

Other Factor(s)	Opportunities for Health Literacy Improvement

Consider Barriers & Solutions

Opportunity	Potential Barriers	Potential Solutions

Issue Overview:

Vision:

Statement of Commitment:

Existing Policies:

Goal:

Objective:

Action Step(s):	By Who?	By When?	

Goal:

Objective:

Action Step(s):	By Who?	By When?	

Goal:

Objective:

Action Step(s):	By Who?	By When?	

Next Steps

What is our process to vet the plan?

How will we gain endorsement from senior leadership?

What are our opportunities to build awareness?

What is our process for monitoring efforts?

How will we implement the plan?

Planning Resources

Framework

National Action Plan to Improve Health Literacy https://health.gov/our-work/health-literacy/national-action-plan-improve-health-literacy

Examples of Assessment Tools

Health Literacy Universal Precautions Toolkit

https://www.ahrq.gov/health-literacy/improve/precautions/index.html

Hospitals and Health Centers: Assessing the Health Literacy Environment

https://cdn1.sph.harvard.edu/wp-content/uploads/sites/135/2019/05/april-30-FINAL_The-Health-Literacy-Environment2_Locked.pdf

Pharmacy Audit Tool https://www.ahrq.gov/health-literacy/improve/pharmacy/tools.html#tool

National Assessment of Adult Literacy—State and County Estimates https://nces.ed.gov/naal/estimates/

Consumer Assessment of Healthcare Providers and Systems (CAHPS®) Questionnaires for Addressing Health Literacy

https://www.ahrq.gov/cahps/surveys-guidance/cg/index.html