# THE BRAIN SAFETY GAME



Concussion affects thousands of children each year and a lack of awareness can put children at risk for serious injury.

## **WHAT IS ROCKET BLADES?**

Rocket Blades is a mobile game app developed by the Centers for Disease Control and Prevention (CDC) that teaches concussion safety and brain safety to children ages 6 to 8.

## HOW DOES IT WORK?

Through a futuristic world of galactic racing adventures, the game aims to help children learn the benefits of playing it safe and smart!

#### **Gameplay Goals:**

- Keep players safe by avoiding obstacles that could lead to a concussion.
- Make smart choices about resting players who have a concussion.

When players are injured the game simulates concussion symptoms, making the screen blurry and play more challenging. Children are prompted to tell a grown-up when a player is injured and swap injured players out for a healthy teammate. At the end of each level, a doctor checks out all the injured players to make sure their brains are rested and recharged, and they are healthy to race.

#### **Gameplay Features:**

As children skate through levels they collect power gems. Power gems fuel up a spaceship that will blast off to Galactic City for an all-star dance party that is out of this world!



As an added bonus, children can take a selfie and insert themselves into the dance party at the end of the game.



## WHAT WILL CHILDREN LEARN?

Rocket Blades helps children understand:

- Hitting your head can cause a brain injury, called a concussion
- You should tell your coach, parent, or another adult if you hit your head
- You should see a doctor if your brain is hurt and rest before returning to play





## HOW CAN I GET THE APP?

**CDC HEADS UP Rocket Blades\*** is available for download In the iTunes App Store free of charge.

You can find the app by visiting: http://apple.co/2m5OY0g



\*compatible with iPhone, iPad, iPod touch and requires iOS 7.0 or later.

## CONNECT WITH US

Please visit **www.cdc.gov/HEADSUP** for additional information about concussion safety and how to get involved in your community.









